

Rights & Services

Diagnosed on the autistic spectrum
until the age of 18

December 2021

The National Insurance Institute

Benefits for recipients of a Disabled
Child allowance

Benefits for recipients of
Dependency allowance

Sick Pay Act

Ministry of Labor & Welfare

Health Maintenance Organizations

Educational Frameworks

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ALUT Family Center

ALUT
The Israeli
Society
for Children
and Adults
with Autism



אלוט
אגודה
לאומית
לילדים
ובוגרים
עם אוטיזם

משרד העבודה הרווחה
והשירותים החברתיים
חוסן חברתי לישראל



The Beginning

1 Diagnosis

Valid diagnosis, which meets the requirements{MQ} of the Ministry of Health Director-General Circular.

Visit the Ministry of Health website for more details:
www.health.gov.il
Search: "אבחון אוטיזם"

2 Applying for a Disabled Child Allowance from the National Insurance Institute

People up to the age of 18 are diagnosed with autism are entitled to 100% Disability Child Allowance.

3 Selecting the appropriate educational setting

Up to the age of 3 years, the educational establishments are the responsibility of the Ministry of Welfare, and you must contact the Welfare Department of your local authority.

Over the age of 3 years, the educational establishments are the responsibility of the Ministry of Education, and you must contact the Education Department of your local authority.

4 HMO recognition

Children up to the age of 18 who are diagnosed on the autistic spectrum are eligible for rights and services from the HMO of which they are members

5 Applying to the Welfare Bureau

Opening a file at the local authority's welfare bureau where you live

‘Disabled Child’ allowance

Children up to the age of 18 who are diagnosed on the autistic spectrum are entitled to a Disabled Child allowance until they turn 18 and three months, **at a rate of ILS 2,608** As of January 2021. (This amount is updated annually)

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Eligibility:

Children diagnosed on the autistic spectrum up to the age of 18 who meet the requirements of the Ministry of Health's Director-General Circular of a combined diagnosis performed by both a physician and a psychologist.

Requirements:

An "Application for a Disabled Child Allowance Form" should be submitted to the National Insurance Institute branch, along with the diagnostic documents.

A written request for a retroactive benefit must be added and appropriate medical documents attesting to signs of autism must be attached prior to filing the claim (eligibility shall be determined according to the date of the earliest documentation).

Retroactive allowance is given for a period that does not exceed one year at the very most.

*‘Disabled Child’ allowance should be updated on January 2022

‘Dependency’ Allowance

Children up to the age of 18 who are diagnosed on the autistic spectrum, for whom it has been determined that they are completely dependent on others, are entitled to an increased allowance in the **amount of ILS 4,773**.

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Eligibility:

Children over the age of 3 who, compared to their peers, need considerable assistance, at all hours of the day, with performing the following activities only: dressing and undressing, eating, bathing, personal hygiene habits, and independent mobility at home.

Eligibility is decided according to functional behaviour assessments, dependency assessments, and performance tests as compared to peers.

Requirements:

Submit an Application for Re-examination of the Recipient of a Disabled Child Allowance", supporting opinions and relevant medical documents to your National Insurance branch.

It is advisable to attach a written request for a retroactive allowance and attach the appropriate medical documents.

Retroactive allowance is given for a period that does not exceed one year at the very most.

Find more details on alut.org.il

Find more details on alut.org.il

Accumulated Causes

An increased allowance of 188% for children with three medical conditions, each in itself rendering eligibility for an allowance. This alternative may be relevant for children with autism and two other medical conditions.

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Eligibility:

As of December 2020, the possibility of receiving an increased allowance at a rate of 188% (similar to a dependency allowance)) has been added for children with three medical conditions, which can each render eligibility for 100% allowance.

Requirements:

Submit an Application for Re-examination of the Recipient of a Disabled Child allowance”, supporting opinions and relevant medical documents to your National Insurance branch.

If possible, the claim will be examined without a summons to a medical committee.

You can apply for retroactive eligibility up to one year back, but not prior to 11/2020 (the Circular’s effective date).

Find more details on
National Insurance website

Benefits for Recipients of a 'Disabled Child Allowance'

The National Insurance
Institute

Water Authority

Issuance of a Disability Card

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Eligibility:

Recipients of a Disability Child Allowance

Receipt of the Card:

The card is sent automatically by mail, within one month of confirmation that a benefit is approved or that a benefit is renewed. The card indicates the eligibility for an exempt from standing in line.

Please make sure that your address is updated in the National Insurance records. Didn't get the card? Contact your local branch (also available through the website) or the hotline at ***6050**.

The card is valid for 7 years, or at the expiration of the eligibility for the benefit (whichever is earlier). The disability card does not have a photo, so you may need to present an ID card when using the disability card.

You can request to issue an additional disability card (for example in the case of divorced parents) by contacting your local branch. If you want to receive the additional card to a different address than your registered address, you must update another mailing address.

Discount on the water bill tariff

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Eligibility:

Parents of children receiving a Disabled Child Allowance.

Receipt of the Discount:

The National Insurance Institute provides the Water Authority with lists of those who may be eligible for a discount. The residential address of the parent receiving the allowance should be updated at the Ministry of the Interior.

The discount should be granted automatically.

Water Authority call center: 076-5300905

Find more details on alut.org.il

Benefits for Recipients of a ‘Disabled Child Allowance’

Your Local Authority

Property Tax Discount

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Eligibility:

1. Parents of children receiving a Disabled Child Allowance.
2. Parents of an adult living at home with them, who receives a general disability allowance, provided that they have previously received a Disabled Child Allowance or an adult with respect to whom the National Insurance Institute determined they have a medical disability of 90% or more.
3. An adult who is eligible for a full monthly allowance, who has an earning incapacity of 75% or more.

Discount amount:

Parents of children receiving a Disabled Child Allowance and parents of an adult living at home with them, who receives a general disability allowance, provided that they have previously received a Disabled Child Allowance or an adult with respect to whom the National Insurance Institute determined they have a medical disability of 90% or more, or an adult who is eligible for a full monthly allowance, who has an earning incapacity of 75% or more.

Requirements:

Each authority has the right to set its own discount.

Submit a form for requesting a Property Tax Discount to the local authority to request a tax deduction, along with a certificate confirming you receive Disabled Child Allowance from the National Insurance Institute.

In addition, you can apply for a property tax deduction based on “neediness”, and in accordance with the conditions set forth in the income test, a discount of up to 70% will be granted.

It is important to note that the property tax is eligible for one discount only and you will be granted the higher discount of the two.

Find more details on alut.org.il

Benefits for Recipients of a 'Disabled Child Allowance'

Income Tax

Two income tax credit points

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Reduction in the payment of tax amounts

Eligibility:

Employed and independent parents of children who receive a disabled child allowance and who are residents of Israel. The two credit points may be divided between the parents.

Receipt of the Credit:

Submit forms to the income tax assessor (also to receive a retroactive refund, to the extent you are eligible for one).

Alternatively, employees can receive the credit points directly from the employer through Form 101 at the beginning of each year.

Discount on purchase tax - real estate taxation

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Eligibility:

1. Parents of children receiving a Disabled Child Allowance of 188% ('Dependency Allowance').
2. Parents who have undergone a dedicated committee and received a 90% medical disability.

These are eligible for a purchase tax discount when purchasing a residential apartment or land for the construction of a residential apartment, according to the real estate appreciation tax regulations and at a rate of 0.5%.

This discount shall only be granted twice.

Actualizing your Benefit:

For the purpose of realizing your benefit, you must contact the Real Estate Taxation Bureau of the Income Tax Commission, and submit the required forms.

Find more details on alut.org.il

Benefits for Recipients of a 'Disabled Child Allowance'

The Public Space

Exemption from standing in line

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Receiving service in public places without a waiting in line.

Eligibility:

Children up to the age of 18 who are diagnosed on the autistic spectrum and receive a Disabled Child Allowance.

Actualizing your Benefit:

You can exercise your right by presenting a disability card issued by the National Insurance Institute.

The exemption does not apply in the following situations:

- In queue where the wait is in the car
- For a pre-scheduled service
- In a service where the queue is determined according to procedures and considerations related to the nature of the service (for example, in an emergency room)
- When the queue's length is negligible
- When the queue is formed spontaneously

Exemption from Payment for a Caregiver

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Receiving service in public places without a waiting in line.

Eligibility:

Children up to the age of 18 who are diagnosed on the autistic spectrum and receive a Disabled Child Allowance.

Obtaining the Exempt:

You can exercise your right by presenting a disability card issued by the National Insurance Institute.

Find more details on alut.org.il

Benefits for Recipients of a 'Disabled Child Allowance'

Bezeq

Ministry Of Transport

Bezeq Phone Bill Discount

Disabled Parking Badge And exemption from vehicle licensing fee

Bezeq discount on:

- Meter reading
- Monthly use fees
- When installing and relocating the telephone device

Eligibility:

Parents of children receiving a 100% Disabled Child Allowance.

Receipt of the Credit:

Submit the "Discount Application Form" with a written confirmation from the National Insurance Institute that you receive the allowance, to the Rehabilitation Division at the Ministry of Labor and Welfare, 39 Yirmiahu St., PO Box 1260, Jerusalem.

Eligibility:

The badge is not granted automatically, each application is examined individually. Parents to children up to the age of 18 who are diagnosed on the autistic spectrum and receive a Disabled Child Allowance.

Obtaining the Exempt:

Submit "Application form for a Disabled Parking Badge and an Exemption from a License Fee", together with updated medical certificates and documents detailing the reasons, difficulties, and needs for those applying for a disabled parking badge.

You can deliver the applications:

1. Online through the website of the Ministry of Transport
2. Through Israel Post, addressed to: The Unit for the Treatment of Mobility Disabilities at the Update and Control Center, PO Box 72, Holon, PC 5810001.

Find more details on alut.org.il

Find more details on www.gov.il

Find more details on alut.org.il

Benefits for Recipients of a 'Disabled Child Allowance'

Provident Funds

Population and Immigration Authority

Tax exemption on early withdrawal of provident funds

Permission to employ a foreign worker to care for a child

Eligibility:

1. Parents of children who receive 188% Disabled Child Allowance perpetually.
2. Parents of children who have been determined to have a permanent medical disability of at least 75% in a designated medical committee of the National Insurance Institute, may be eligible for a tax exemption for early withdrawal of provident funds, provided that the disability was discovered after the provident fund was opened.

Obtaining the Exempt:

For the purpose of discerning your eligibility, you must contact the Ministry of Finance with a certificate from the National Insurance Institute regarding your eligibility for a Disabled Child Allowance or with a certificate attesting to the medical disability.

Eligibility:

Children receiving a Disabled Child Allowance and one of the following parameters:

1. The child is in an educational setting that stipulates the child is to be escorted to the school by a caregiver
2. The child needs constant escort or supervision during most hours of the day
3. There are other special medical circumstances that require daily care.

Obtaining the Permit:

Submit the appropriate forms and permits to the Permits Unit of the Population and Immigration Authority.

Find more details on alut.org.il

An exclusive benefit to the recipients of a 'Dependency' Allowance

Electric Company

Absence from work due to child support and illness

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A 50% discount for the first 400 kWh

Eligibility:

Exclusively for those eligible for a Dependency Allowance:
Parents whose child is found to be eligible for 5 points or more in a Dependency Test.

These children are also eligible for all the benefits provided to those eligible for a Disabled Child allowance

Receipt of the Credit:

The National Institute provides the IEC with lists of those who may be eligible for the discount. The discount should be granted automatically.

The electricity bill must be at a household rate only and in the name of the parent receiving the allowance.

For inquiries, contact the IEC's **103** hotline.

Sick Pay Act

Work place

Absence from work due to child support and illness

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Up to 18 days of absence per year for the purpose of providing personal assistance to your child at the expense of the parent's days off or sick leave, and payment of sick pay from the first day of absence.

Additional 52 hours per year at the expense of the employer for the purpose of caring for the child.

Eligibility:

Parents of children with disabilities who have been working in the same workplace for at least one year.

A single parent is eligible from the outset to the allocation of hours and days to the extent granted to the family cell.

Obtaining the Approval:

Contact the Human Resources Department at your workplace.



Find more details on **alut.org.il**

Find more details on **www.gov.il**

Services for children up to the age of 18 are diagnosed with autism

- A rehabilitation daycare until the age of 3
- Integration hours for toddlers up to age 3
- Assistance in financing a tutor for the afternoon hours (from the age of 3)
- Camps during summer vacations and holidays
- Subsidy for participation in “regular” camps
- Youth & children centers for afternoon activities
- Holiday resorts
- Referral to counseling for sexuality issues
- Out-of-home housing settings

Eligibility:

Children up to the age of 18 who are diagnosed on the autistic spectrum. Some of the services are also offered to adults as well.

Obtaining the Exempt:

You must undergo an intake procedure at your local Department of Welfare and Social Services.

Find more details on alut.org.il

HMO Benefits

Diagnosis and the entire developmental therapy up to the age of 18

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Eligibility:

Children up to the age of 18 who, according to one of their parents or a professional, show early signs of autism.

Requirements:

Contact the HMO secretariat or child development institutes.

Please note that the HMO only funds one diagnosis.

Paramedical treatments

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Children up to the age of 18 who are diagnosed with the autistic spectrum are eligible for an average of 3 paramedical treatments per week throughout the year as part of their HMO insurance.

Types of treatments:

- Occupational Therapy
- Speech Therapy
- Physiotherapy
- Psychology
- Social Worker

Eligibility:

Children up to the age of 18, who are diagnosed with the autistic spectrum and do not receive a promotional health basket in rehabilitative daycare centers, communication kindergartens, or treatment centers.

Eligibility:

Contact the HMO secretariat or child development institutes.

Find more details on alut.org.il

Find more details on alut.org.il

HMO Benefits

Exemption from deductibles

Exemptions from deductible for various services in the HMOs

Eligibility:

Children up to the age of 18 who are diagnosed on the autistic spectrum and receive a Disabled Child Allowance from the National Insurance Institute.

Exemption from the deductible for services in the field of child development, Only given to a child up to the age of 3 or to a child that one of their parents receives an Income Support Allowance from the National Insurance Institute.

Obtaining an Exempt:

Contact the HMO secretariat.

Dental care under general anesthesia

General anesthesia for dental treatment is included in the healthcare basket. The eligibility is for the anesthesia, not for dental care.

Eligibility:

Children up to the age of 18 who are diagnosed on the autistic spectrum

Requirements:

Contact the HMO secretariat.

Find more details on alut.org.il

Find more details on alut.org.il

Financing of supportive and alternative communication devices

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Eligibility:

Children who cannot communicate verbally and cannot use voice output devices, picture boards, or tablets for communication.

Requirements:

Submit the appropriate medical documents to the National Unit for Rehabilitation and Mobility Devices.

Find more details on alut.org.il

An array of educational services - educational settings

Toddlers (from one to three years old) - Ministry of Welfare

Rehabilitation daycare centers

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Rehabilitation daycare centers are dedicated daycare centers where the care is given by a professional and skilled staff.

As part of the daycare center, children are eligible for promotional health care, about 14 hours a week of paramedical treatments:

- Occupational Therapy
- Speech Therapy
- Psychology
- Social Worker

The hours include 10.5 hours of direct care (for the child and their parents) and 3.5 hours of indirect care (for example: staff training, coordination / the entire therapeutic solution)

Enrollment:

Contact the Social Services Department of your Local Authority (Welfare).

Find more details on alut.org.il

If there is no vacancy in a rehabilitation daycare center, you are eligible for the alternative of a rehabilitation daycare center according to which 180 hours of assistance are provided, as well as reimbursements from the Ministry of Health for paramedical treatments.

Find more details on alut.org.il

Individual integration in a daycare center

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Financing of an assistant in the dormitory that is under the supervision of the Ministry of Industry, Trade and Employment.

Enrollment:

Contact the Social Services Department of your Local Authority.

Find more details on alut.org.il

An array of educational services - educational settings

Kindergarten ages (from the age of three) - Ministry of Education

Communication Kindergarten

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A kindergarten for children at the ages of 3-6 who are diagnosed on the autistic spectrum. Includes a long school day, food, a vacation curriculum, transportation and paramedical treatments amounting to 3.4 hours of weekly treatment directly or indirectly by therapists from the local or regional support center (MATYA).

The children in the kindergarten are eligible for promotional health care (PHC) in the amount of 14 hours per week by paramedical therapists funded by the Ministry of Health, in the following professions:

- Occupational Therapy
- Speech Therapy
- Psychology
- Social Worker

The hours include 10.5 hours of direct care (for the child and their parents) and 3.5 hours of indirect care (for example: staff training, coordination / the entire therapeutic solution).

Enrollment:

You can contact the Education Department of your local authority until March 31 and request a summons from the Eligibility and Characterization Committee for Special Education, in order to be eligible for the Special Education Service for the following year.

Inquiries received after March 31 shall be discussed as an exceptional committee, subject to the approval of the Ministry of Education.

Find more details on **alut.org.il**

An array of educational services - educational settings

Kindergarten ages (from the age of three) - Ministry of Education

Individual integration in an ordinary kindergarten

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Children on the autistic spectrum who are integrated into an ordinary educational institution are entitled to a personal basket, which can include assistants such as remedial teaching, creative and expressive therapies, or paramedical therapies, training of the care staff, and so on.

Kindergarten pupils who go to a general school education may receive a health basket from a non-kindergarten setting.

Enrollment:

You can contact the Education Department of your local authority until March 31 and request a summons from the Eligibility and Characterization Committee for Special Education, in order to be eligible for the Special Education Service for the following year. Inquiries received after March 31 shall be discussed as an exceptional committee, subject to the approval of the Ministry of Education.

Integrated Kindergarten

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A kindergarten for children over the age of 5, educating general education children and special education children. The kindergarten staff includes a general education teacher, a special education teacher, and an assistant

Enrollment:

You can contact the Education Department of your local authority until March 31 and request a summons from the Eligibility and Characterization Committee for Special Education, in order to be eligible for the Special Education Service for the following year. Inquiries received after March 31 shall be discussed as an exceptional committee, subject to the approval of the Ministry of Education.

Find more details on alut.org.il

Find more details on alut.org.il

An array of educational services - educational settings

School Ages

Communication Class

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A special education class at a general school or a special education school, designed for students on the autistic spectrum.

The classroom staff consists of a special education teacher and an assistant. A personal curriculum is created for each student in a communication class.

The communication class includes a long school day, food, a vacation curriculum, transportation and paramedical treatments amounting to 2.9 hours of weekly treatment directly or indirectly by therapists from the local or regional support center (MATYA).

Enrollment:

You can contact the Education Department of your local authority until March 31 and request a summons from the Eligibility and Characterization Committee for Special Education, in order to be eligible for the Special Education Service for the following year. Inquiries received after March 31 shall be discussed as an exceptional committee, subject to the approval of the Ministry of Education.

Individual integration in a general school

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Integration of a child diagnosed on the autistic spectrum in a general educational institution. These students are eligible for a personal basket, which can include assistants such as remedial teaching, creative and expressive therapies, or paramedical therapies, training of the care staff, and so on.

Enrollment:

You can contact the Education Department of your local authority until March 31 and request a summons from the Eligibility and Characterization Committee for Special Education, in order to be eligible for the Special Education Service for the following year. Inquiries received after March 31 shall be discussed as an exceptional committee, subject to the approval of the Ministry of Education.

Find more details on alut.org.il

Find more details on alut.org.il

An array of educational services - educational settings

School Ages

A comprehensive special education school for autism

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A comprehensive school is a special education school designed for students on the autistic spectrum. The classroom staff consists of a special education teacher and an assistant.

The school has a long school day, transportation, food, a vacation curriculum, transportation and paramedical treatments amounting to 2.9 hours of weekly treatment directly or indirectly by therapists from the local or regional support center (MATYA).

You can study in special education schools up to the age of 21.

Enrollment:

You can contact the Education Department of your local authority until March 31 and request a summons from the Eligibility and Characterization Committee for Special Education, in order to be eligible for the Special Education Service for the following year. Inquiries received after March 31 shall be discussed as an exceptional committee, subject to the approval of the Ministry of Education.

Transportation and escort

Transportation from the child's home to a rehabilitation daycare center or to the educational setting, and back.

Eligibility:

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Toddlers up to age 3 placed in rehabilitative daycare centers, and students from age 3 to age 21, who are eligible for special education services under the Special Education Act. Whether in special educational institutions or in an individual integration setting.

Requirements:

Contact your local authority.

Find more details on alut.org.il

Find more details on alut.org.il

ALUT Family Center - We're happy to meet you!

From the moment the diagnosis is received and throughout the entire life cycle, the family of a person on the autistic spectrum needs a lot of energy and strenths to cope with the challenges and difficulties involved in raising the child. Hence the great need and importance of providing assistance to the family, while caring for the child.

ALUT Family Center is a first-of-its-kind, unique joint initiative by ALUT and the Ministry of Welfare, which aims to provide guidance, advocacy, counseling, individual and group support, referral to existing services in the community, information services, and access to

professional literature and research, all in order to help parents, siblings and grandparents cope with the special needs of the family member diagnosed on the autism spectrum. The services are provided to families throughout the entire life cycle, from families of preschool children to families where the adult on the autism spectrum lives with them or in an out-of-home setting.

We, at **ALUT Family Centers**, believe in making the services accessible to the entire population, which is why there are branches of our Family Center in Be'er Sheva, Carmiel, Haifa, Jerusalem, and the Arab society.

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ALUT Family Center Services

Come and get information from ALUT's Family Centers:

- Community diagnostic and treatment services
- Help with exercising rights provided by various entities such as the National Insurance Institute, the Ministry of Welfare, and more
- Educational settings
- Housing and employment
- Leisure activities in your residential area
- Diagnostic institutes
- Private diagnoses
- Treatment centers Professionals of different approaches, therapeutic methods, and more

Our Information Center provides information from professional sources about autism to families, professionals, students, and the general public: a reference library, journals, articles, studies, films and a digital database.

Lectures delivered by leading professionals in the field, on a variety of topics related to the autistic spectrum and its available treatments.

Targeted workshops that provide tools for useful coping with various challenges of a family with a child on the autistic spectrum.

Support groups for parents, grandparents and siblings for children and adults on the autistic spectrum.

Meetings with a social worker both a face to face and over-the-phone conversations, as needed (there is an option for anonymous conversation).

Open line: Parents for Parents phone support during evening hours. Based on their own experience, parents of children on the autistic spectrum support, listen, and consult parents who are at the beginning of their journey or parents who encounter problems. During the day, the hotline is operated by an ALUT family center team.

ALUT

The Israeli Society for Children & Adults on the autistic spectrum

A parents' association that was established about 50 years ago, conducting the treatment of people on the autistic spectrum throughout their life cycle, in order to integrate them into the community and ensure their right to a dignified life, and the full realization of their abilities.

The Society's activities focus on 3 main areas:

1. **Promoting the rights** of children and adults on the autistic spectrum and their families.
2. Establishment, operation and development of **child, adult and family services.**
3. **Promoting knowledge and encouraging research** in the field of autism.

Today, in 2021, ALUT takes care of over 35,000 children and adults on the autistic spectrum and their families, with the help of hundreds of communication kindergartens and ALUT frameworks for children, and dozens of daycare and employment centers as well as 'homes for life' for adults.

ALUT Family Centers provide individual and group support, counseling, advocacy, guidance, guidance to existing services in the community, information services, and access to professional literature and research **to help parents and immediate families address the special needs of the family member who is diagnosed on the autistic spectrum.**

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Contact us for support, guidance, and consultation
8:00 am to 4:00 pm
family-l@alut.org.il 036703077

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ALUT
The Israeli
Society
for Children
and Adults
with Autism



אלו"ט
אגודה
לאומית
לילדים
ובוגרים
עם אוטיזם



אוטיזם: להכיר. לקבל. לשלב.